

SUPPLEMENTARY SOURCE DATA 5

Thyroid Eye Disease Early Warning Card

If you have been diagnosed with **Graves' disease** (an overactive thyroid gland) you have a 20% chance of developing **Thyroid Eye Disease (TED)**.

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Declaration Implementation Group UK

Common symptoms are:

- Redness in the eyes or lids
- Swelling or feeling of fullness in one or both upper eyelids
- Bags under the eyes
- Eyes seem to be too wide open
- Pain in or behind the eyes
- Gritty eyes; sensitivity to light
- Blurred vision or double vision

TED may develop months or even years after Graves' disease has been diagnosed.

Smoking increases the risk of TED.

If you develop any of these symptoms contact:

Name:

Tel:

For more information on TED go to www.btf-thyroid.org/teamed or visit

Thyroid Eye Disease Charitable Trust
www.TEDct.org.uk

British Thyroid Foundation
www.btf-thyroid.org